

NATURE CONNECTIONS DAY

MAY THE FOREST BE WITH YOU



RESET, RECHARGE, AND RESTORE WELL-BEING

MAY 3, 2026
11:00 AM - 3:00 PM



CHILDREN'S ACTIVITIES



BECOME A JUNIOR RANGER



INTERPRETIVE DISPLAYS



FOREST BATHING WALK

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Forest Bathing allows you to slow down, breathe in the atmosphere of the forest, and get to know the forest more deeply during gentle guided invitations. Inspired by Shinrin-yoku from Japan, and in collaboration with GotoForest! world forest celebrations.

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DOC LONG PICNIC AREA,
SANDIA RANGER DISTRICT,
ALONG HIGHWAY 536



PARKING FEE \$5
Accepts: NM Enchantment &
Interagency Passes (at fee area)